

# Conservation Made Easy

By Mr. Brian Oram – Know Your H2O

<https://www.knowyourh2o.com/about>

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There are practical reasons to conserve water, like saving money. If your source of water is from a water company or Authority that meters your water, you'll pay less if you use less. If you have a private well, you'll extend the life of your pump and septic system. Remember, your water isn't free. Someone paid for the installation of the well and septic system. You not only need to maintain it but you also use electricity to pump up the water. Also, every time your pump starts, it died a little and is one start closer to failing.

Everyone is familiar with some kind of water saving measure. Yet did you know that the average American uses 80 gallons of water per day and 40 percent (about 32 gallons) of that water goes straight down the drain? You can reduce the waste by changing your practices and using more efficient appliances, but ultimately, people need to change their habits to conserve.

There are many ways to conserve. All you have to do is look at your lifestyle and use a little common sense. Here are some tips you can apply to help conserve water inside and outside your home.

Inside:

- Check plumbing for leaks.
- Adjust all water-using appliances to use the minimum amount of water needed to operate.
- Install a toilet dam or water displacement device to reduce the amount of water used when flushing.
- Don't let water run when doing dishes, brushing teeth, shaving, and washing hands and face.
- Refrigerate a bottle of water instead of letting water run to get cold.
- Pre-rinsing dishes for the dishwasher is usually unnecessary. Only run dishwasher when full.
- Take shorter showers and install low-flow shower heads and aerators on household faucets.

Drinking more tap water can actually save water! Our water resources must be used by industry to produce beverages like coffee, beer, soda etc. Beverages with caffeine can dehydrate you too, causing you to drink even more. So, when you're thirsty, reach for water instead and if possible, consider going Bottleless (Reduces Plastic Use and Saves Water - <https://www.knowyourh2o.com/water-blog/go-bottleless>) .

Conservation helps all of us right now. I would be remiss if I didn't mention sustainability, which is preserving the amount and quality of our water and other natural resources for future generations. We are all polluters, whether we know it or not. The mere fact that we're alive contributes to pollution. So, you and I have a choice as to whether we do nothing or minimize our effect and protect the environment for our children and grandchildren.

Whether pollution is in our air, on the ground or in our water doesn't really matter. The Water Cycle is a continuous loop, moving water from the ground into the air and back down into our water supply. In the process, water grabs whatever it finds and delivers it to our kitchen faucet. Therefore, get on the Path to Clean Water and Know Your H2O <https://www.knowyourh2o.com/indoor/indoor>.

More Tips on Water Conservation

<https://www.knowyourh2o.com/water-blog/water-conservation-tips-on-how-to-save-water-inside-and-outside-the-home>